

DODGEBALL

Rule Highlights

1. Honor System: you get hit, get out.
2. Headshots are illegal. Shoulders and below is the way to go.
3. Live Ball: A ball thrown by the offensive team that has not yet touched the ground, ceiling, walls, another ball, or player.
4. Dead Ball: A ball thrown by any team that touches the ground, ceiling, walls, another ball, or player.
5. A ball that is blocked or deflected by another ball is dead. A dead ball cannot get a player out.
6. Stay in bounds (ie: red sidelines to the back wall).
7. When you're out, please go to the bench— not the bleachers.
8. Freeze on the whistle: If the official needs to get the attention of the teams at any time and blows their whistle, teams must freeze.
9. HAVE FUN!